

<u>Date</u>	<u>Topic</u>
<p>April 3, 2025 12:00-1:00pm CST</p>	<p>Introduction to High-Conflict Cases in Family Court</p> <ul style="list-style-type: none"> • Overview of High-Conflict Divorce and Custody Battles <ul style="list-style-type: none"> ○ Definition of high-conflict cases ○ Impact of high-conflict cases on children and families ○ Understanding the dynamics of high-conflict families • Roles of Mental Health Counselors in Family Court <ul style="list-style-type: none"> ○ Ethical considerations in court-involved therapy ○ Understanding court orders and how to comply with them ○ Working as a neutral party versus advocacy for the child
<p>May 7, 2025 12:00-1:00pm CST</p>	<p>Understanding Parental Alienation</p> <ul style="list-style-type: none"> • What is Parental Alienation? <ul style="list-style-type: none"> ○ Signs of parental alienation in children ○ The psychological effects on children ○ How alienating behaviors manifest in parents. • Differentiating Parental Alienation from Other Issues <ul style="list-style-type: none"> ○ Distinguishing alienation from estrangement or legitimate fear ○ Understanding the legal implications of alienation claims • Managing Parental Alienation in Therapy <ul style="list-style-type: none"> ○ Intervention strategies for counselors ○ Working with both parents in the presence of alienation ○ Addressing the child's relationship with each parent
<p>June 4, 2025 12:00-1:00pm CST</p>	<p>Reunification Part 1</p> <p>Reunification Therapy: Techniques and Best Practices</p> <ul style="list-style-type: none"> • Reunification Therapy: Definition and Purpose <ul style="list-style-type: none"> ○ When reunification therapy is appropriate ○ Goals and ethical considerations ○ Understanding the process of reunification
<p>July 2, 2025 12:00-1:00pm CST</p>	<p>Reunification Part 2</p> <ul style="list-style-type: none"> • Working with Parents and Children in Reunification <ul style="list-style-type: none"> ○ Techniques for restoring parent-child relationships. ○ Navigating resistance from children or parents ○ Rebuilding trust and addressing trauma • Case Examples and Role Play <ul style="list-style-type: none"> ○ Real-life examples of reunification therapy ○ Role-playing difficult reunification scenarios with clients
<p>August 6, 2025 12:00-1:00pm CST</p>	<p>The Role of Mental Health Counselors in Court Proceedings</p> <ul style="list-style-type: none"> • Understanding the Court Process in Family Law <ul style="list-style-type: none"> ○ How mental health professionals interact with the court. ○ The role of the therapist as an expert witness or in court reports ○ Preparing for depositions, court testimony, and reports • Maintaining Objectivity and Professionalism in Court

	<ul style="list-style-type: none"> ○ Avoiding bias and preserving neutrality ○ The importance of maintaining confidentiality and boundaries ● Navigating Ethical Dilemmas in High-Conflict Cases <ul style="list-style-type: none"> ○ Balancing confidentiality and the child's best interests ○ Handling cases where there is conflicting information.
<p>September 3, 2025 12:00-1:00pm CST</p>	<p>Assessment and Documentation in High-Conflict Cases</p> <ul style="list-style-type: none"> ● Assessment Tools for High-Conflict Families <ul style="list-style-type: none"> ○ Psychological assessments for children and parents ○ Identifying signs of manipulation, distress, or trauma ○ Using tools to assess the parent-child relationship ● Best Practices for Documentation <ul style="list-style-type: none"> ○ Documenting therapeutic progress and challenges ○ Writing clear, accurate, and unbiased reports <p>Maintaining comprehensive records for court purposes</p>
<p>October 1, 2025 12:00-1:00pm CST</p>	<p>Collaboration with Other Professionals</p> <ul style="list-style-type: none"> ● Working with Attorneys, Judges, and Guardians ad Litem <ul style="list-style-type: none"> ○ How mental health counselors can work effectively with legal professionals. ○ The role of therapists in custody evaluations and parenting plans ○ When to refer cases to other professionals (e.g., custody evaluators, mediators) ● Team Approaches to High-Conflict Cases <ul style="list-style-type: none"> ○ Collaboration in multidisciplinary teams for case management ○ Joint efforts for reunification and child well-being
<p>November 5, 2025 12:00-1:00pm CST</p>	<p>Problem-solving techniques for difficult family dynamics</p> <ul style="list-style-type: none"> ○ Importance of boundaries ○ Importance of not taking sides ○ Techniques to calm a heightened parent. <p>Case Studies and Practical Applications</p> <ul style="list-style-type: none"> ● Detailed Case Studies for Group Discussion <ul style="list-style-type: none"> ○ Case scenarios for group discussion and analysis ○ Role-playing various high conflict parents within the counseling office
<p>December 3, 2025 12:00-1:00pm CST</p>	<p>Addressing Emotional Impact and Self-Care for Counselors – end</p> <ul style="list-style-type: none"> ● Managing the Emotional Toll of High-Conflict Cases <ul style="list-style-type: none"> ○ Preventing burnout in counselors working with high-conflict cases ○ Setting healthy boundaries and recognizing vicarious trauma ● Self-Care Strategies for Therapists <ul style="list-style-type: none"> ○ Techniques for managing stress and emotional exhaustion ○ Seeking supervision and peer support ● Burnout Prevention and Professional Growth <ul style="list-style-type: none"> ○ Continuing education and maintaining professional competence